

LOWER SCHOOL OCTOBER-NOVEMBER 2019 BREAKFAST & LUNCH MENU

Psalm 136:3 Give Thanks Unto The Lord

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
28 Breakfast Danish Juice Lunch Ham & Cheese Sandwich Bar-B Q Chips Carrots Sticks Water or Juice	29 Breakfast Pancake on a Stick Juice Lunch Sloppy Joe Mixed Salad Tatar Tots Water or Juice	30 Breakfast French Toast Sticks Juice Lunch Chicken Nuggets Mac 'n' Cheese Dinner Rolls Water or Juice	31 Breakfast Sausage Biscuit Juice Lunch Hamburgers on a Bun French Fries Sliced Apples Water or Juice	1 Breakfast Cold Cereal Milk Lunch Cheese or Pepperoni Pizza Spinach & Romaine Water or Juice
4 Breakfast Assorted Muffins Juice Lunch Hot Dog Baked Beans Fruit Cups Water or Juice	5 Breakfast Pop Tart Juice Lunch Turkey/Cheese Sandwich Shredded Lettuce Sun Chips Water or Juice	6 Breakfast Chicken Biscuit Juice Lunch Chicken Alfredo Tossed Salad Garlic Breadstick Water or Juice	7 Breakfast Cheesy Grits Turkey Sausage Lunch Turkey/Roni Sweet Peas Pineapple Chunks Water or Juice	8 Breakfast Cold Cereal Milk Lunch Chicken Tenders Sweet Corn Dinner Rolls Water or Juice
11 NO SCHOOL VETERAN'S DAY	12 Breakfast Danish Juice Lunch Ham or Turkey Subs Lettuce & Tomatoes Assorted Chips Water or Juice	13 Breakfast Pancake on a Stick Juice Lunch Tacos Lettuce & Tomato Cookies Water or Juice	14 Breakfast Sausage Biscuit Juice Lunch Baked Chicken Seasoned Yellow Rice Green Beans Water or Juice	15 Breakfast Cold Cereal Milk Lunch Corn Dogs Tatar Tots Mix Berries Water or Juice
18 Breakfast Assorted Muffins Juice Lunch Hot Dog Baked Beans Fruit Cups Water or Juice	19 Breakfast Pop Tart Juice Lunch Chicken Patty Sandwich Sweet Potato Fries Pickle Slices Water or Juice	20 Breakfast Chicken Biscuit Juice Lunch Baked Spaghetti Tossed Salad Garlic Breadstick Water or Juice	21 Breakfast Cheesy Grits Turkey Sausage Lunch Chicken Nuggets French Fries Mandarin Oranges Water or Juice	22 Lunch Breakfast Cold Cereal Milk Papa John's Pizza Ruffle Chips Fruit Snack Water or Juice
25 Breakfast Danish Juice Lunch Sloppy Joe Mixed Salad Tatar Tots Water or Juice	26 Breakfast Pancake on a Stick Juice Thanksgiving Luncheon Fried Chicken Mac 'N' Cheese Collards Green Dinner Roll Pound Cake	27 Breakfast Cold Cereal Milk Lunch Ham & Cheese Sandwich Bar-B Q Chips Carrots Sticks Water or Juice Early Release at 1:00	28 NO SCHOOL THANKSGIVING BREAK	29 NO SCHOOL THANKSGIVING BREAK

MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS